

# SURVIVAL STARTS HERE

Embark on a trans-formative adventure in the stunning Canadian wilderness!

## Eight Day Survival Triangle Course

July 17-24 OR July 24 - July 31, 2026



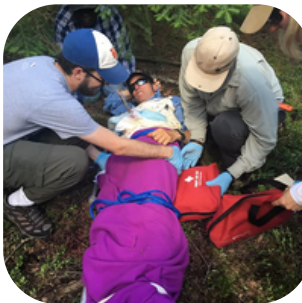
### Navigation Training

Mastering maps, compasses, GPS, and natural clues helps you stay oriented and steer clear of getting lost altogether.



### Wilderness Safety and Survival

Knowing how to make a shelter, start a fire, and gather water keeps you safer in the wild and stops small problems from becoming real dangers.



### First Aid Training

Even with all precautions, injuries can happen. First aid ensures prompt intervention, pain reduction, and stabilization until help arrives—or the individual can self-rescue.

### Contact us

Got Course  
Questions?

(204) 588-6466

[icsos.inc@gmail.com](mailto:icsos.inc@gmail.com)

Want to Book  
Your Trip?

(715) 271-2043

[cygnetinfo@cygnetlake.com](mailto:cygnetinfo@cygnetlake.com)

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